

DESH BHAGAT UNIVERSITY, MANDI GOBINDGARH

SYLLABUS

Course: Ph.D/M.Phil Course Work

Paper Core

Subject: Psychology

[Subject Code:]

Unit I

Counselling Psychology

Emergence and principles of counselling, Ethical issues in counselling.

Approaches to counselling: Psychoanalytical, Behavioural, Cognitive, Humanistic.

Counselling Process: Effective Counselling Relationship, Stages, Counselling Skills.

Unit II

Physiological Psychology

The Neurons: types, functions and synapse.

Classification of nervous system: CNS and PNS.

Brain, Spinal cord: Structure and functions.

Somatic nervous system: autonomic nervous system-structure and functions.

Endocrine Glands: characteristics, types and functions.

Unit III

Clinical Psychology

History taking and Mental State Examination.

Psychoses: Schizophrenia, affective (mood) disorders, delusional disorders and other forms of psychotic disorders – types, clinical features, etiology and management.

Organic mental disorders: types, clinical features, etiology and management.

Psychotherapies: Psychoanalytic, Behavioural, Cognitive.

Unit IV

Cognitive Psychology

Sensation: Vision, Hearing, Touch, Smell, Taste.

Attention, Selective Attention and its Theories, divided attention.

Perception- Biological basis, Organizational principles of perception,

Top-Down and Bottom of processing, Models of Recognition, Models of Top-Down processing.

Thinking: Meaning, Types, tools;

Problem Solving: Strategies of Problem Solving

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